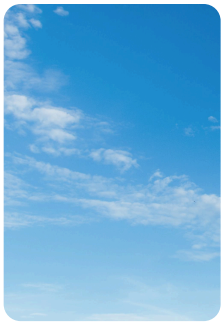
lyra

Healthier mind, stronger you *—with Lyra*





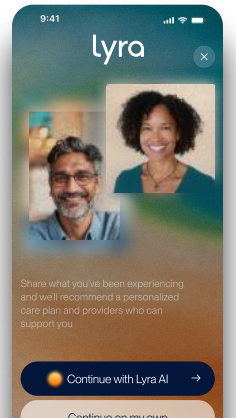

Mental health care helps in life's toughest moments—and in the everyday ones, too. Regularly investing in your well-being can help you feel more balanced, confident, and ready for whatever comes next.

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