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Health care is better when it all works together

Our connected care is designed to deliver the right support at every step.

- **Proactive, high-quality care**
- **Mental health support**
- **Virtual visits**
- **Pharmacy and labs**

Discover care that grows with you at kp.org/choosekp.



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KAISER PERMANENTE®

Connected care for a seamless experience

IN PERSON

Many services often under one roof

Timely primary care appointments and lab results

VIRTUAL CARE

Connect with doctors who know your health history

Phone, video, and online options[1]

AWARD-WINNING APP

24/7 access to your health records

Message your care team, manage appointments, view most lab results, and refill most prescriptions[2]

1. When appropriate and available. **2.** These features apply to care you get at Kaiser Permanente facilities.

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KAISER PERMANENTE®



Health care that moves with you

Mail-order pharmacy

- One-tap refills and automated reminders
- Home delivery or same-day pickup for most prescriptions[1]

Care while traveling

- Coverage for urgent and emergency care anywhere in the world
- Care by phone or online across the U.S.[2]

1. Not all prescriptions can be mailed, and restrictions may apply. Please check with your local pharmacy.
2. When appropriate and available. If you travel out of state, phone appointments and video visits may not be available in select states due to licensing laws. Laws differ by state.

KAISER PERMANENTE®

Exceptional care makes staying healthy simple

LIVING PROOF OF BETTER CARE

Our members are:

33%
less likely to lose years of life due to heart disease*

20%
less likely to lose years of life due to cancer*

> Kaiser Permanente has really taken care of all of me. They've helped through everything — from a torn ACL to a brain tumor. Now I'm trying to have a baby, and I know they will be here every step of the way.

Jessica H., Southern California member

*Elizabeth A. McGlynn, PhD, et al., "Measuring Premature Mortality Among Kaiser Permanente Members Compared to the Community," Kaiser Permanente, July 20, 2022.

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KAISER PERMANENTE®

Expect great care when you're expecting

Your dedicated prenatal care team provides compassionate support at every stage of pregnancy, from preconception to the fourth trimester.

ONE OF AMERICA'S BEST MATERNITY HOSPITALS

22 of our medical centers have been named Best Hospitals for Maternity Care by U.S. News & World Report for 2026

29 of our medical centers were named America's Best Maternity Hospitals by Newsweek and Statista for 2026



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KAISER PERMANENTE®

Highly rated care. Unmatched value.



Nation-leading care

For 5 consecutive years, all eligible Kaiser Permanente hospitals have been recognized as high performing for one or more types of care by U.S. News & World Report.[1]



Kaiser Permanente ranked #1 out of 3,500 brands

And we're the only health care organization to make the list.[2]

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1. Learn more at kp.org/tophospitals. **2.** Forbes, September 23, 2025.

KAISER PERMANENTE®

A national snapshot

NORTHERN CALIFORNIA



4.7M
members

WASHINGTON



565,317
members

COLORADO



505,469
members

MID-ATLANTIC STATES

(Maryland, Virginia, and Washington, D.C.)



750,551
members

HAWAII



275,341
members

SOUTHERN CALIFORNIA



5M
members

NORTHWEST

(Oregon and SW Washington)



610,414
members

NEVADA



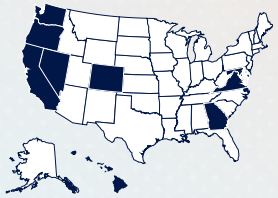
NEW
Enroll now for 2027

GEORGIA



464,645
members

NATIONAL



12.9M members

Data as March 31, 2026.

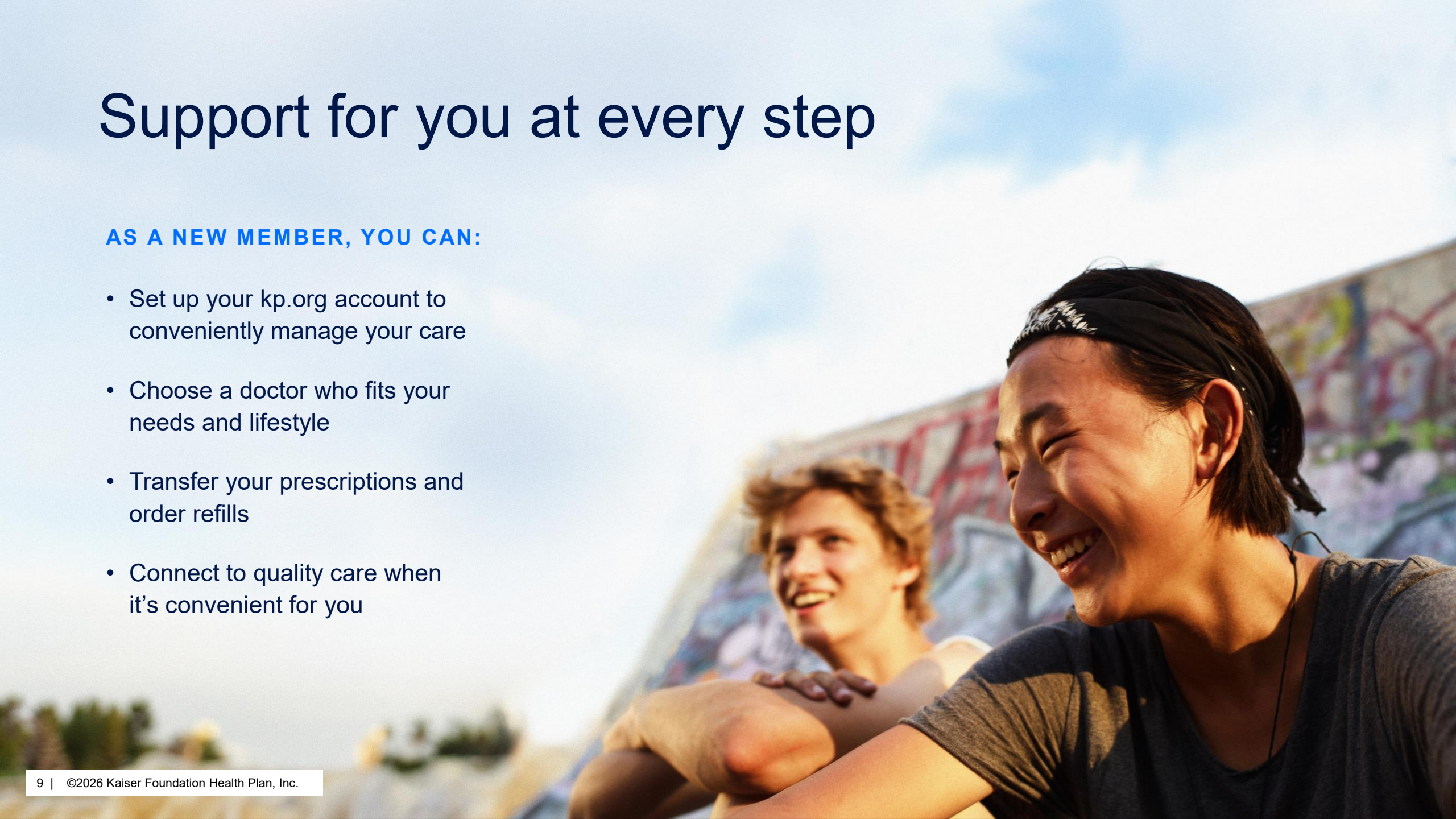
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KAISER PERMANENTE®

Support for you at every step

AS A NEW MEMBER, YOU CAN:

- Set up your kp.org account to conveniently manage your care
- Choose a doctor who fits your needs and lifestyle
- Transfer your prescriptions and order refills
- Connect to quality care when it’s convenient for you



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Take the next step toward a better care experience

Explore your plan options
at kp.org/choosekp.

Connect with your company's benefits administrator for details about your employer-sponsored health plan.

Talk to an enrollment specialist:

1-800-514-0985 (TTY **711**)
Monday through Friday,
7 a.m. to 6 p.m. Pacific time

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